

http://www.srcharitycinti.org/spirit.htm

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Sisters of Charity
of Cincinnati
Spirituality Center

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Location
5900 Delhi Road
Mount St. Joseph, OH 45051
(tel) 513-347-5449
(fax) 513-347-5467
spirituality.center@srcharitycinti.org

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Spirituality Center

The Spirituality Center, located near Cincinnati, Ohio, provides opportunities for spiritual enrichment to the community through a wide variety of programs. We offer weekend/overnight retreats, private retreats, days of reflection, evening prayer programs, massage therapy, Reiki, a labyrinth and provide individual spiritual direction for both men and women. Motivated by the Sisters of Charity vision to share our faith and resources, the Spirituality Center provides opportunities for growth by deepening faith life, strengthening efforts toward community, reaching out to meet community needs and heightening awareness of gospel values. Our goal is to help others grow in their relationships with God and to help them experience God's presence in their daily lives. Stemming from a belief that all life is sacred, our purpose is to unite faith with life experience in a holistic approach.

Our center has a staff of dedicated professionals who are available to assist you before, during and after your attendance at our programs.

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Sister Annette Marie Pavaglio, SC, (Director) has experience in education and administration at various levels and has planned and facilitated retreat days and prayer experiences for adults as a Catechetical Leader. She holds a Master's Degree in Educational Administration and completed coursework for a Master's Degree in Theology from the Graduate Theological Union in Berkeley, California.



Sister Mary Fran Davisson, SC (Massage Therapist), is a Reiki Master and nationally certified, Ohio-licensed massage therapist. She received her massage therapy training from the New Mexico Academy of Healing Arts in Santa Fe, New Mexico. She has taken Healing Touch Levels I and II and has training in Compassionate Touch for Those in Later Life Stages and Aromatherapy.



Maureen Heverin, SC, received formal training in Spiritual Direction at the Jesuit Renewal Center in Milford, Ohio in 1990. She is a Level II Reiki Healing practitioner. Her ministry experience includes elementary education and adult education, social service work, spiritual formation and leadership in the Sisters of Charity of Cincinnati Congregation. Presently Maureen's ministry in the Spirituality Center includes spiritual direction (individual and group), directing retreats and facilitating various spiritual programs.

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- Day Programs
- **Reiki Healing**

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On-line Publications

Reiki Healing

All programs are held at the Sisters of Charity Motherhouse unless otherwise specified.

Reiki Circle
Reiki Circle is a gathering of Reiki practitioners. It offers a time to gather, pray, share and an opportunity to both give and receive Reiki Healing.

Leader: Mary Fran Davison, SC, LMT, Reiki Master

Dates:

Sunday, October 26, 2008	1:00 – 3:00 p.m.
Tuesday, November 18, 2008	6:30 – 8:30 p.m.
Sunday, January 11, 2009	1:00 – 3:00 p.m.
Wednesday, February 11, 2009	6:30 – 8:30 p.m.
Sunday, March 8, 2009	1:00 – 3:00 p.m.
Thursday, April 23, 2009	6:30 – 8:30 p.m.
Sunday, May 31, 2009	1:00 – 3:00 p.m.

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Sunday, May 31, 2009 1:00 – 3:00 p.m.

Fee: \$5 per session

Please call 513-347-5449 to register.

Reiki Training

The Usui System of Reiki (ray-key) Healing is an ancient healing art that enhances relaxation and helps bring healing to the physical, mental, emotional, or spiritual being. It is the God-consciousness called REI that guides the life energy KI in the practice of Reiki.

Mary Fran Davisson, SC, is a Reiki Master in the Usui System of Reiki Healing as well as a Registered Karuna Reiki® Master and an Ohio licensed, Nationally Certified Massage Therapist.

Level I

Reiki I prepares the participant to become a Reiki Practitioner. During this class, you will: define chakras, demonstrate use of a pendulum to detect a person's energy field, explain concept of Reiki energy, compare ritual to Attunement, recognize effect of hand positions to Reiki, demonstrate & practice correct hand positions used during a Reiki session, recall & interpret Reiki Precepts, recognize the advantage of self Reiki & perform the steps.

Continuing Education Approval:

This CE activity has been approved by the Ohio Board of Nursing through the OBN Approver, Ohio Organization of Nurse Executives, OBN-004-92 and has been assigned an ID# of OONE-07-02.

Ohio Nursing Approval - 9.2 Contact Hours

Kentucky Massage Approval - # 06-038 - 9.5 Contact Hours

Contact Hours may transfer to other disciplines. Check with your licensing board.

Dates: Jan. 10, 2009
Time: 8:30 am - 8:30 pm
Place: SC MH Emmaus Room
Fee: \$200 (includes meals)
\$50 contact hours (additional)
\$50 non-refundable deposit (Applied to total cost)

[Register Now!](#)

Level II

Reiki II deepens a practitioner's ability to share the healing energy of Reiki. Participants will review the history and hand positions of Reiki, have an opportunity to discuss their practice with other Reiki practitioners, and give and receive Reiki at a deeper level. Copy of Reiki I Certificate must be provided.

Continuing Education Approval:

This CE activity has been approved by the Ohio Board of Nursing through the OBN Approver, Ohio Organization of Nurse Executives, OBN-004-92 and has been assigned an ID # of OONE-07-03.

Ohio Nursing Approval - 12.0 Contact Hours

Kentucky Massage Approval - #06-039 - 11.5 Contact Hours

Contact Hours may transfer to other disciplines. Check with your licensing board.